

UNDERWOOD PUBLIC SCHOOL  
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# Underwood Community Newsletter

Newsletter is published by Underwood School District 550

www.underwood.k12.mn.us 218-826-6101

## A TIME TO BE THANKFUL

Dave Kuehn, Superintendent

*HOLIDAY 2018*

**Vol. 2018 No. 3**

As we leave the month of November and enter into December it is an appropriate time to reflect and be thankful for all of the great things happening in the Underwood School District. As the Superintendent, I am thankful each and every day for the awesome students that walk through our doors to actively engage in everything that our school district has to offer in terms of developing and growing into respectful and responsible learners. I am equally thankful for the caring and dedicated staff that we have in place at Underwood Schools that continue to focus their efforts on serving the educational needs of all of our students, including providing a welcoming and safe learning environment for our students to grow in.

Through staff development activities and teacher professional learning communities, our staff continues their work on providing relevant learning opportunities that engage students in being active participants in their learning. Our staff has been working very hard on implementing new reading strategies and learner engagement strategies in order to assist students with their academic growth, including improvement on our student statewide test scores. The staff has also received training on making our school a more safe and secure place for student learning. Providing a safe and welcoming learning environment on a daily basis has always been a strong priority for our school district.

Our students continue to demonstrate their "thankfulness" by coming to school each day with a focus on learning and the willingness to build positive relationships with their teachers, coaches and advisors. For a small school district, we have made a strong commitment to offer a wide variety of programming for students to be actively engaged in their learning. Whether it is in the classroom; on the playing field; on the court; or on the stage, our students have many opportunities to grow as students and as individuals.

To the families of our 600 plus Pre-K through 12<sup>th</sup> grade students, we would like to extend our sincerest appreciation for choosing the Underwood School District. I would be remised if I did not mention the strong support from our parents, school board and community, which definitely benefits everything that we do to support student learning and student growth.

Continued on Page 2

### Upcoming Dates to Remember

December 10 Early Release at 12:20pm  
December 21 Early Release 1:30pm  
December 22 January 1st Holiday Break  
January 2 School Resumes  
January 18 End of Semester 1  
January 21 No school/Teacher Workshop

## SCHOOL BOARD

**MICHELE PETERSON, Chair**  
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mpeterson@underwood.k12.mn.us

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## SCHOOL ADMINISTRATION

**DAVE KUEHN, Superintendent**  
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**JOHN HAMANN, PK-12 Principal**  
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**ANNE STENOIEN, Community Ed Director**  
Testing Coordinator  
Transportation Director  
astenoien@underwood.k12.mn.us

**BRIAN HOVLAND, Dean of Students**  
Activities Director  
bhovland@underwood.k12.mn.us

Our school district is blessed with so many adults that truly care about the academic, social, emotional and physical well being of our students. I would also be remised if I did not mention the GREAT news that our school district received a couple weeks ago, hearing that our beloved K-12 Principal, Mr. Hamann, was cancer free. We are so thankful that he has his health back and we look forward to his return to school where his "school family" anxiously awaits having him back. The support demonstrated by students, staff, parents, school board and the community for Mr. Hamann during his cancer treatments was UNBELIEVABLE!! The Underwood Schools and Underwood Community continues to be an amazing place, due to all of the caring people that continue to look out for one another.

Demonstrating gratefulness and simply saying "thank you" goes a long way in developing lasting and positive relationships. Please remember that gratitude helps build better relationships, can improve our own lives, and most importantly, gives us the opportunity to make someone else feel better and feel appreciated.

## Hoops for Heart is Coming!!

Hoops for Heart is coming to our school! We are proud to partner with the American Heart association in fighting heart disease and stroke. During this program, the Underwood kids will learn about their heart and how to develop healthy habits and have the opportunity to raise funds. We want our kids and our community to take action to prevent heart disease TODAY! Start date is in the works, but we are shooting for early February. More information will be coming home with your student in the weeks to come. We look forward to making this the best year yet!



## UNDERWOOD MUSIC DEPARTMENT NEWS

### Important dates to Remember:

**Wednesday, December 5th 3:15 - 5:30pm - Holidazzle**

K-6 is invited to spend a couple hours after school to watch a short movie, eat some popcorn, play games and make some crafts! Registration forms have been sent home and are due by Wednesday, November 28th to Mr. Pelanek. Cost is \$10 per student, or \$25 max per family.

**Monday, December 17th @ 7pm - Holiday Band Concert - Big Gym**

**Wednesday, December 19th**

- @ 1:00pm - Grades K Holiday Program - Big Gym
- @ 1:30pm - Grades 1 2 3 Holiday Program - Big Gym
- @ 2:00pm - Grades 4 5 6 Holiday Program - Big Gym

**Wednesday, December 19th @ 7pm - Holiday Choir Concert - Big Gym**

## YEARBOOKS FOR SALE!

It isn't too late to order a yearbook for your student. Both the high school and elementary yearbooks are available online at Jostens.com The high school yearbooks are \$38 while the elementary are \$12. Orders will only be accepted until March 1st. Don't wait, order now!

## LOST AND FOUND

Please remember to label your student's items in case they get lost, especially sweatshirts, snow pants, boots, and jackets. Please check our lost and found area often for items missing, as items are only kept for a limited amount of time. Eyeglasses and jewelry are usually kept in the office.

## JUNIOR HIGH EVENTS

During all our junior high athletic contests this winter, the main doors on the north side of the building (Door L) will be unlocked from 3:00 to 6:00 pm. This will make parking easier for those attending these games.

The up-to-date Underwood School Sports events and school activities can be found on the Underwood School Website at:  
[www.underwood.k12.mn.us](http://www.underwood.k12.mn.us)

## SANTA DAYS IN UNDERWOOD



Saturday, December 8th  
 at 1pm to 3pm

Underwood Community Center

Santa will be there giving gifts and snacks to the children



## 2nd Annual Community Christmas Event

Saturday, December 1st  
 3 to 5 pm

At Underwood Community Center

Sleigh Rides, a Petting Zoo, Winter Games, Bonfire, Cookie Decorating, Treats, and a Christmas Tree Lighting to end the night.!

Bring a source of light to join us for a lighted walk to the tree...lanterns will be lit at 5pm, tree shortly thereafter.

The end of Semester 1 will be on January 18th. Report cards will be sent home with students the end of the following week, or may be found online in Parent Vue

## Join the Underwood Speech Team!

Students in grades 7-12 have the opportunity to be a part of the UHS Speech Team. Competitive Speech is a MSHSL activity with 13 categories to choose from. The meet season begins in January, so come in early and get prepared! UHS' speech team is a team that works hard and takes great pride in being successful. UHS Speech is incredibly flexible and can find a way to fit into anyone's busy schedule. Just ask! We will hold a Speech Work Day on Monday, December 31st in Mrs. Hoekstra's classroom. Time TBA. There will be a mandatory parent and speaker meeting on Thursday, January 3 at 6:00pm. to take care of forms, fees and answer questions you may have. All speakers and a parent/guardian must attend. (Boys bb players will need to meet with a coach at a different time because they do have a game that night.) For more information, contact Coach Crystal Hoekstra at [choekstra@underwood.k12.mn.us](mailto:choekstra@underwood.k12.mn.us)

## UNDERWOOD SPORTS ON PRTV

Selected sports events are broadcast on Park Region PRTV or online at [www.prtel.com](http://www.prtel.com) Coverage begins at 7:15pm unless noted.

Date	Sport	SD Ch	HD Ch
11/27	GBB vs. NYM	123	723
12/13	BBB vs. Battle Lake	1	601
12/14	GBB vs. Hillcrest	123	723
01/03	BBB vs. Rothsay	1	301
1/02	BBB vs. Whe/Herm/Norcr	1	601
1/09	GBB vs. Parkers Prairie	123	723
1/12	GBB vs. Ashby	123	723
1/18	GBB vs. Pelican Rapids	123	723
1/19	BBB vs. Ashby	1	601
1/30	BBB vs Battle Lake	123	723
2/09	BBB vs. Rothsay	123	723
2/15	GBB vs. Ashby	123	723
2/16	GBB vs. Parkers Prairie	1	601
2/23	BBB vs. Ashby	123	723

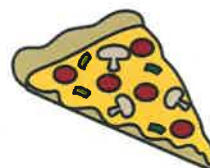


## Spanish Club Fundraisers

The Spanish Club will be having 2 opportunities to help them raise money for there upcoming trip.

Monday, December 10th All Day Don Pablo's  
 15% of all orders will be donated (coupon needed)

Monday January 7th 5pm—8pm Pizza Ranch  
 10% of all sales and any tips will be donated



## UNDERWOOD ECFE

### EARLY CHILDHOOD FAMILY EDUCATION

Jean Kugler and Marlene Halvorson

TO REGISTER FOR CLASSES

Call 218-826-6101 Ext 108

Or email [jkugler@underwood.k12.mn.us](mailto:jkugler@underwood.k12.mn.us)

Early Childhood Family Education offers classes for parents and their children ages newborn to not yet in kindergarten to attend classes together. Even if your child is enrolled in a preschool class, ECFE is a great opportunity for you to spend quality time with your child.

ECFE is based on the belief that parents are a child's first and most important teachers and the home is a child's first learning environment. Most classes offer a time for the parents and children to interact together followed by a parent discussion group where you have a chance to share the joys and concerns of raising young children. Fees can be waived with no questions asked. Sign up for the classes that will work for your family!

### Advisory Council Members Needed

We have a couple of openings on our advisory council for our early childhood programs. We meet only four times/year. If you are interested, contact Jean Kugler

### Caring Connections Family Advocate

For parents, guardians and their children ages 0-5 years learning to navigate the early childhood years. Services of home visits, community resources, parent education, and other services are provided as needed. Visits are made by phone, at the family's home, at school, or other location. Jean Kugler, is our Caring Connections Advocate

## CLASSES

Enjoy quality time with your child without distractions. This class includes stories, art, play, music, and large movement time. During parent discussion you will meet to share the joys of parenting as well as information about child development and parenting techniques. The time and days are listed below for classes. Our new room number is B132 on the east end.

### MARVELOUS MONDAYS MORNING AND EVENING CLASSES

Enjoy quality time with your child without distractions. This class includes stories, art, play, music, and large movement time. During parent discussion you will meet with other parents and our parent educator to share the joys of parenting as well as information about child development and parenting techniques. Mondays, Jan 14, 28 Feb. 4, 11, 25, March 4, 11

**Morning Times:** 8:30 – 10:30

**Evening Times:** 5:30 – 7:00

Attend the time that works best for your family and attend as many as you can.

Fee: \$8 for the seven week session

Attend as many as you are able to.

### STORY TIME AND PIZZA PARTY

Begin the holiday season by enjoying stories with Ariel, the children's librarian at the public library. Our story time will be followed by a pizza party in our room.

Date: Monday, Dec. 3rd  
5:00 – 6:30

Fee: \$5 per family  
**PLEASE pre-register for this class so that we have enough pizza.**



## SENIOR DEFENSIVE DRIVING

Persons ages 55 and over who complete this course qualify for a ten percent discount on their auto insurance premiums for three years. First time participants must complete the 8 hour class. A refresher course is required every three years for the insurance discount. The class will be held in the library and taught by Sheri Siira. You will learn information to keep up with the new technology and rules. Please register.

### Refresher classes: Fee: \$20

Wednesday, January 9 from 5:00 – 9:00 pm

Monday, March 4 from 5:00 – 9:00 pm

Thursday, April 11 from 5:00 – 9:00 pm

### 8 hour class (2 evenings) Fee: \$25

Thurs. Feb 28 & Mon, March 4 from 5:00-9:00

## FITNESS WEDNESDAY WORKOUTS

Men and women and all abilities are welcome in this class. Each session will be different with cardio, weights, abs, stretching and strengthening. Hand weights and a mat are provided. We meet in the small gym or the fitness room.

Date: Wednesdays 5:45 – 6:45

Fee: \$5/class or \$15 for the month

Instructor: Missy Hexum

## WALKING

Since the weather has changed we've seen lots of walkers in the building. It's great to see so many people in the community taking advantage of our long hallways. Our walls are filled with student work and art for you to enjoy while you are here. Please come after school or 8:30 on Saturday mornings.

## Underwood Community Education

Anne Stenoien, Director

218-826-6101 ext 108

[astenoien@underwood.k12.mn.us](mailto:astenoien@underwood.k12.mn.us)

## DANCE FITNESS ON MONDAYS

If you enjoy moving to music and are willing to give your brain and your body a workout, then you should try this class! You just follow the leader and be willing to enjoy the challenge. This fun fitness class is great for all ages and will give you a good cardio and strengthening workout, so be sure to wear comfortable shoes, light weight clothing and bring a water bottle.

Date: Mondays from 5:45 – 6:45 in the gym

Fee: \$5/class or \$15 for the month

Instructor: Missy Hoen

## ZUMBA ON SATURDAYS

Zumba with toning is the focus of this class, so make it a fun way to start your weekends. A fun group will support your efforts to get in shape! Wear clothing that is cool and lets you move and bring a water bottle.

Dates: Saturdays from 8:30 – 9:30

Fee: \$5/class or \$15 for the month

Instructor: Missy Hexum

## SQUARE DANCE LESSONS

Join a fun group learning to square dance on Monday evenings at 7:00 in the school commons. All ages and abilities welcome. Instructor/Caller: Larry Johansen

## COMMUNITY FITNESS CENTER

The school year hours for community use of the fitness center are from 6:00 – 7:00 am and from 5:00 – 10:00 pm and is open Monday – Friday. You must be a trained and a registered user to use the facility. To be trained for using the facility, please contact Anne Stenoien. Thanks to the Underwood Foundation for helping to purchase a rowing machine for the room.

## ASVAB FOR JUNIORS

All juniors will take the Armed Service Vocational Aptitude Battery on Monday, December 10th. Also any seniors who have not taken this test should take it on that day. The testing will be completed by noon and students must not be late or they will not be able to take the test. Please note that this is an early release day.

The ASVAB subtests are: General Science, Arithmetic, Reasoning Word Knowledge, Paragraph Comprehension, Numerical Operations, Coding Speed, Auto and Shop Information, Mathematics Knowledge, Mechanical Comprehension, Electronics Information, and Sum of Word Knowledge and Paragraph Comprehension. If you have questions, please contact Anne Stenoien, District Assessment Coordinator.

## ACT TESTING

This year the state is once again offering the chance for students to take the ACT Plus Writing during the school day. All juniors and any seniors who have not taken the ACT may take it during the school day at UHS. It will be held on April 2nd. Important information on fees this year: Students eligible for free and reduced meals will have their fee paid for by the state. Other students will benefit from our school funding \$30 of the fee, so the student will pay \$28 – a very good bargain.

## GYMNASTICS HOLIDAY SHOW

Enjoy seeing what our gymnasts have learned this fall at their Holiday Show on Saturday, December 16<sup>th</sup> at 11:00 in the small gym. They will amaze you with their flips and skills.



## SCHOOL SUPPLIES

We have had some back packs donated for elementary and high school students and also some school supplies such as glue, notebooks, pencils, crayons, winter gear and other necessary items for students. If your child could use some of these supplies, please notify anyone in the office. They could help to get them off to a good start for the winter months.



## SAVING TO SUPPORT YOUR PRE-SCHOOL PLAYGROUND

We have a playground design planned for our preschool children to have an age appropriate area to climb, slide, jump, and move. Now we are hoping that you will help to raise the funds.

### Please send these items to school:

- \* "Box Tops for Education" from hundred of grocery and paper products. Each is worth ten cents for our school.
- \* Grocery receipts from Service Food. We receive 1% of the total and have received \$53,321 from their program since it started!
- \* Also SunMart receipts. We need less than \$2,000 worth of receipts in order to submit these for funding. If you shop in Moorhead or still have some from Fergus Falls, please send them to school!
- \* UPC's from Our Family Products

Please note we can no longer take Campbell labels. The program has been discontinued.



## DOUBLE WEDDING RING QUILT

The double wedding ring is truly a beloved American quilt. Learn how to beautifully and perfectly piece this classic quilt. I will take you through all the tips and you will learn all the skills to achieve this. You will receive a pre cut table runner kit including binding out of Cherrywood fabric. You will also receive the double wedding ring book and templates.

Intermediate sewing level but don't be intimidated as it is truly easy with this method.

You will have all the skills to make any size double wedding ring quilt after this class.

Bring a sewing machine (you need to be able to set to quarter inch or have a quarter inch piecing foot), cotton thread (grey or cream), seam ripper, scissor, pins. Pack your lunch. If you need a school machine, please let us know.

Date: Saturday Dec 8th 10:00-4:00

Fee: \$65 includes the class and materials.

Instructor Angela Weber, a quilt teacher and pattern designer for over 25 years.

## KIDS PROJECT DAY

Watch for the flyer with more information on this fun morning activity on Saturday, January 19<sup>th</sup>. It's for all children in grades K-6 and their parents are invited too.

Participants will select several different "hands on activities" to attend. There will be several projects to make & fun things to do.

You will select your sessions that you want to attend when you arrive with tickets posted in the registration area. A limited number of students are allowed in each session, which are taught by high school leaders and volunteer adults. Activities include sewing projects, woodworking, beads, cooking --something for everyone. Please pre-register when the flyer is sent home so that we know how many to expect. This fun day is co-sponsored by Minnesota Extension and Underwood Community Ed..

### DISTRICT PLANS TO SURVEY STUDENTS 2019 MINNESOTA STUDENT SURVEY

Our school district is asking students in grades 5, 8, 9 and 11 to participate in the 2019 Minnesota Student Survey. Federal law requires us to notify parents of this school activity. The MN Student Survey is conducted in schools across our state every three years. Questions on the survey are about many topics relating to young people's lives. The survey asks about how well school is going, future plans, out-of-school activities, physical and mental health, relationships, substance use and more. High school students are asked about sexual behavior. This useful information about their thoughts and behaviors helps communities and schools develop effective programs and provide better services.

The Minnesota Student Survey will be administered the week of February 19<sup>th</sup>. If you have questions about the survey, please contact: Anne Stenoien, 218-826-6101 ext 108, or email to [astenoien@underwood.k12.mn.us](mailto:astenoien@underwood.k12.mn.us). You have the right to review a copy of the survey.

This survey is anonymous and is voluntary. You may choose to have your child not take the survey by completing and returning the form below. Students may also decline to take any part of the survey or the whole survey when it is administered. *If you do not want your child to take the Survey, please return this form to school.*

Student's name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

## YOUTH BASKETBALL LEAGUE

Boys and girls in the fifth and sixth grade basketball teams have started practicing for their games. Their regular season games in the Youth Basketball League are on Saturdays in January and February. Each team plays three games at league events.



### 5th and 6th grade GIRLS

January 5 - Ashby at 9:00

January 19 - Underwood at 9:00

February 2 - Osakis at 9:00

February 16 - Perhams at 9:00

### 5th and 6th grade BOYS

January 12 - WCA at Barrett at 9:00

January 26 - Perham at 9:00 (or possibly BL)

February 9 - Perham at 9:00

February 23 - Sauk Centre at 10:00

Each team has their own practice schedule and notes are sent home or coaches are contacting parents about the practice times. If you have questions on times, please contact Anne Stenoien. Thanks to all of our volunteer coaches!

## ELEMENTARY WRESTLING PROGRAM



The elementary wrestling program is for kids in grades Kindergarten - sixth grade. Their practices are scheduled on **Mondays from 6:00**

**to 7:30** in the OTC wrestling room in Battle Lake starting December 3<sup>rd</sup>. There is no fee to participate in elementary wrestling, but there is a deposit required for any singlets worn for area tournaments. Singlets can be picked up from Anne Stenoien at Underwood School. There are many tournaments for kids in west central Minnesota and Underwood will host an elementary wrestling tournament on Friday, February 8<sup>th</sup> and there will be a scrimmage at Underwood on March 12<sup>th</sup>. Parents are encouraged to help with practices. Registration forms are available at school.



## BUS ROUTES REVERSE JANUARY 22

Half way through the year we reverse our bus routes so that those kids who have been getting on early will get on later. The change will be on Tuesday, January 22<sup>nd</sup>. Bus lists will be sent home with the new times and posted on our web page. If you have questions, please contact Anne Stenoien at 826-6101 ext 108 or email to [astenoien@underwood.k12.mn.us](mailto:astenoien@underwood.k12.mn.us)

## ARTIST MENTOR SCHOLARSHIPS

\$600 scholarships are available to assist students to study with an artist during the summer of 2019. Students currently in grades 9, 10, and 11 attending public, private, or home schools and living in the region will be selected. The arts study may be in any arts discipline, including visual arts, dance, creative writing, drama, music, design, media arts. These awards will be made on the basis of commitment and potential for artistic development. Application Deadline: Midnight, Wednesday, Jan. 23<sup>rd</sup>

The review session for the nine county area is held at **Underwood School**, on Saturday, March 2, 2019. At this session you will show your work and discuss your interests privately with two judges. To apply go to the Lake Region Arts Council web page and complete the on-line application.

[www.lrac4.org/grants](http://www.lrac4.org/grants)



Artist Mentor Program  
LRAC4.org



# December 2018 Underwood School Menu

Mon

Tue

Wed

Thu

Fri

## MENU SUBJECT TO CHANGE AS NEEDED

Breakfast: 4 oz Fruit Juice & 8 oz 1% white, fat free, or chocolate milk offered. Lunch: 8 oz 1% white, fat free, or chocolate milk. Condiments served. Lactose reduced milk will be provided upon written request. This institution is an equal opportunity provider.

Breakfast: \$1.60 Elem Lunch: \$2.25 7-12 Lunch \$2.50 Adult Lunch \$3.80  
Extra Milk .40 2nd lunch \$1.00

Happy Holidays!

<p>3 ALT: Soup &amp; Sandwich BREAKFAST French Toast, Fruit LUNCH Spaghetti Noodles, Sauce, Corn, Carrots, Breadstick, Fruit</p>	<p>4 ALT: Salad Bar BREAKFAST Cereal, Toast, Fruit LUNCH Grilled Chicken, Rice, Green Beans, Celery Sticks, Dinner Roll, Fruit</p>	<p>5 ALT: Chicken Wrap BREAKFAST Donut, Cheese Stick, Fruit LUNCH Salisbury Steak, Mashed Potatoes, Gravy, Carrots, Dinner Roll, Fruit</p>	<p>6 ALT: Soup &amp; Sandwich BREAKFAST Cereal, Toast, Fruit LUNCH BBQ on Bun, Smile Fries, Celery/Carrots, Dip, Fruit</p>	<p>7 BREAKFAST Egg Bake, Toast, Fruit LUNCH Hoagies, Baked Beans, Cole Slaw Chips, Fruit</p>
<p>10 EARLY RELEASE 12:20pm BREAKFAST Waffles, Fruit LUNCH Bag Lunch</p>	<p>11 BREAKFAST Cereal, Toast, Fruit LUNCH Super Nachos, Pretzel, Corn on Cob, Carrots, Fruit</p>	<p>12 BREAKFAST Dutch Waffle, Cheese Stick, Fruit LUNCH Chicken Patty on Bun, Sweet Potato Nuggets, Lettuce, Fruit</p>	<p>13 BREAKFAST Cereal, Toast, Fruit LUNCH Hamburger on Bun, Toppings, French Fries, Fruit</p>	<p>14 BREAKFAST McRocket, Fruit LUNCH Corn Dog, Baked Beans, Potato Salad, Chips/Salsa, Fruit</p>
<p>17 ALT: Soup &amp; Sandwich BREAKFAST Pancakes, Fruit LUNCH Chicken Alfredo, Noodles, Peas/Carrots, Breadstick, Fruit</p>	<p>18 BREAKFAST Cereal, Toast, Fruit LUNCH Taco in a Bag, Toppings, Refried Beans, Fruit</p>	<p>19 ALT: Salad Bar BREAKFAST Muffin, Yogurt, Fruit LUNCH Teriyaki Chicken, Rice, Lettuce Salad, Green Beans, Dinner Roll, Fruit</p>	<p>20 ALT: Chicken Wrap BREAKFAST Cereal, Toast, Fruit LUNCH Riblet on Bun, Smile Fries, Green Beans, Fruit</p>	<p>21 EARLY RELEASE 1:30PM BREAKFAST Breakfast Pizza, Fruit LUNCH Italian Dunkers, Marinara Sauce, Romaine Salad, Broccoli, Fruit</p>


# January 2019 Underwood School Menu



Mon                      Tue                      Wed                      Thu                      Fri

**MENU SUBJECT TO CHANGE AS NEEDED**

Breakfast: 4 oz Fruit Juice & 8 oz 1% white, fat free, or chocolate milk offered.  
 Lunch: 8 oz 1% white, fat free, or chocolate milk.  
 Condiments served. Lactose reduced milk will be provided upon written request. This institution is an equal opportunity provider.  
 Breakfast: \$1.60 Elem Lunch: \$2.25 7-12 Lunch \$2.50  
 Adult Lunch \$3.80 Extra Milk .40 2nd lunch \$1.00

Day	Mon	Tue	Wed	Thu	Fri
7	BREAKFAST Pancakes, Fruit LUNCH Cheeseburger, Oven Fries, Carrots Celery, Fruit	8 BREAKFAST Cereal, Toast, Fruit LUNCH Tacos, Toppings, Fruit	9 BREAKFAST Long John, Yogurt, Fruit LUNCH Chicken Strips, Mashed Potatoes Gravy, Biscuit, Corn, Fruit	10 ALT: Salad Bar BREAKFAST Cereal, Toast, Fruit LUNCH Quesadilla, Toppings, Lettuce Salad, Broccoli/Caulif Fruit	11 BREAKFAST Breakfast Pizza, Fruit LUNCH Mini Corn Dogs, Mac & Cheese, Brown Beans, Cucumbers, Fruit
14	BREAKFAST Bagel, Yogurt, Fruit LUNCH Hot Dog on Bun, Baked Beans, Carrots, Broccoli, Chips, Fruit	15 ALT: Salad Bar BREAKFAST Cereal, Toast, Fruit LUNCH Chili, Cheese, Crackers, Broccoli/Cauliflower, Bun, Fruit	16 BREAKFAST Long John, Cheese Stick, Fruit LUNCH Chicken Nuggets, Mashed Potato Gravy, Green Beans, Fruit	17 Alt: Soup & Sandwich BREAKFAST Cereal, Toast, Fruit LUNCH Pulled Pork on Bun, Cole Slaw, Sweet Potato Nuggets, Fruit	18 BREAKFAST Cheese Omelet, Toast, Fruit LUNCH Pizza, Romaine Salad, Cucumbers/ Cauliflower, Fruit
21	<b>NO SCHOOL</b>	22 Alt: Salad Bar BREAKFAST Cereal, Toast, Fruit LUNCH Grilled Chicken, Rice, Green Beans, Celery, Dinner Roll, Fruit	23 Alt: Soup & Sandwich BREAKFAST Donut, Cheese Stick, Fruit LUNCH Salisbury Steak, Mashed Potatoes Gravy, Carrots, Dinner Roll, Fruit	24 Alt: Chicken Wrap BREAKFAST Cereal, Toast, Fruit LUNCH BBQ on Bun, Smile Fries, Celery/Carrots, Dip, Fruit	25 BREAKFAST Egg Bake, Toast, Fruit LUNCH Hoagies, Baked Beans, Cole Slaw, Chips, Fruit
28	BREAKFAST Waffles, Fruit LUNCH Hamburger on Bun, Toppings, French Fries, Fruit	29 BREAKFAST Cereal, Toast, Fruit LUNCH Super Nachos, Pretzel, Corn on Cob, Carrots, Fruit	30 BREAKFAST Dutch Waffle, Cheese Stick, Fruit LUNCH Chicken Patty on Bun, Sweet Potato Nuggets, Lettuce, Fruit	31 Alt: Salad Bar BREAKFAST Cereal, Toast, Fruit LUNCH Beef Tips, Noodles, Green Beans, Broccoli, Roll, Fruit	 ZingerBug.com